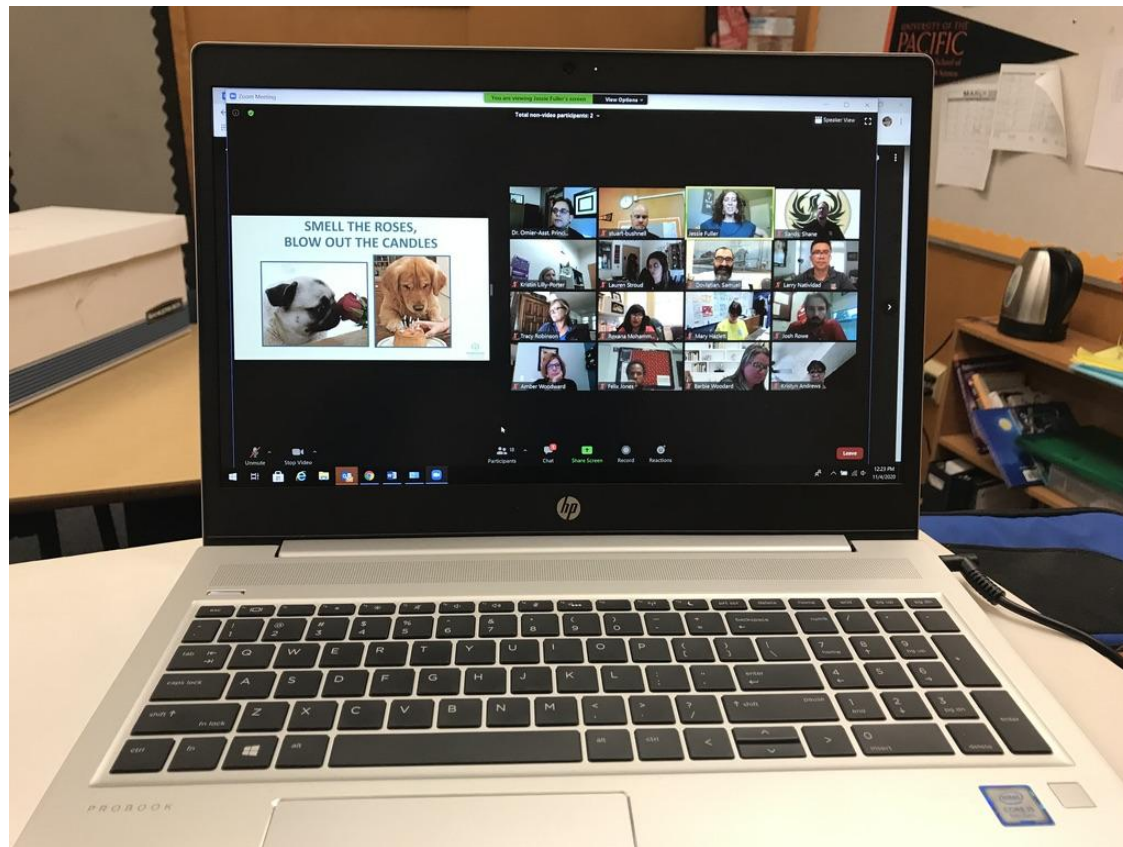


**ACSA-Co-Admin.  
10:00am - 2:30pm**

**Committee Meeting 11/4/20**

# Our Group



# Karn Niemi, President and CEO of CASEL

**“When physical distancing is deemed necessary, social and emotional connectedness is even more critical”.**



# TO BE MORE EFFECTIVE, GET MORE REFLECTIVE

WHAT ARE YOUR THOUGHTS ABOUT SEL NOT BEING SOMETHING EXTRA ON THE PLATE, BUT THE PLATE ITSELF?



# ALL LEARNING IS SOCIAL and EMOTIONAL

“Research confirms that when classrooms connect rigorous cognitive challenges with social interaction or ignite emotions, it results in deeper learning.”

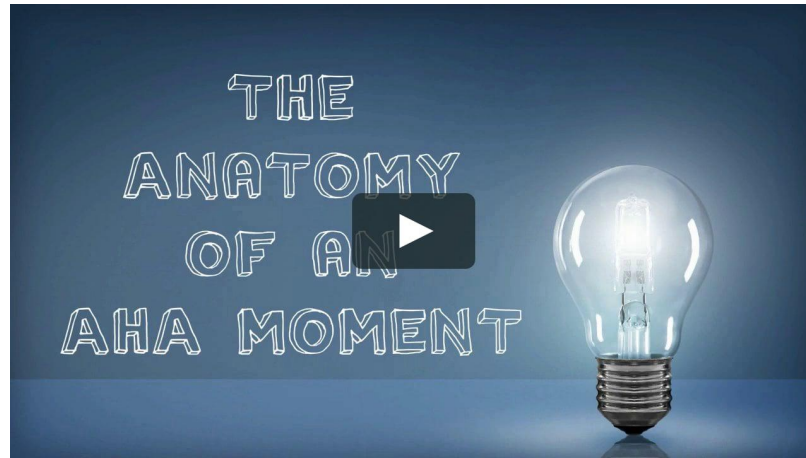
Jones and Kahn, the evidence base for how we learn



# Family Group

## My A-Ha moments

We have to cultivate the climate for all adults and students to flourish



# What Climate are you Creating?

“I’ve come to a frightening conclusion that I am the decisive element in the room I am in. It’s my personal approach that creates the climate. It’s my daily mood that makes the weather. At any time, I possess a tremendous power to make another person’s life miserable or joyous. I can be a tool of torture or an situations, it is my response that decides whether a crisis will be escalated or de-escalated and another person humanized or dehumanized.”

-Adapted from the quote by Haim Ginott



# Giving Yourself Grace



Breathing in,  
I do my best.  
Breathing out,  
I let go of the rest.

