

Riverside Association of School Managers

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RASM Social - August 14, 2015

The Riverside Association of School Managers (RASM) took a break after a long day of professional development to enjoy each other's company and raise money for the RASM Scholarship fund.

Raffle prizes included a:

- Back to School Basket
- Starbucks Basket
- Movie Basket
- Spa Basket
- Gotta Eat Basket
- Football Basket
- Home Improvement



Totals for 2015

- \$2200.00 Membership Dues
- \$1045.00 in Donations
- \$572.00 Raffle Tickets
- \$120.00 Shirts

If you were unable to attend the event you can still join RASM and/or make a donation to the RASM Scholarship fund. Please email Michelle Cortes mcortes@rusd.k12.ca.us for an application.



The RASM board after the social event, led by our fearless leader, Victor.



As managers, a lot of our time is spent sitting and listening to students, parents, faculty, staff and community stakeholders. At the end of the day sometimes it is hard to motivate yourself to get the activity or exercise you need to lead a healthy lifestyle.

Become a RASM Manger on the Move and track your steps, miles, and activity level to sup-

port and challenge one another to keep moving.

Join Kristie Jackson for a run, Lanna Goffman for a bike ride, or Zumba with Leann Iacuone. Whatever your choice of activity, stay on the move to keep your heart healthy.

Join the RASM Fitbit group to challenge one another. Joining is easy, go to <https://www.fitbit.com/group/22LBPL>,

log in and click at the top to join the group.

It is easy to join the fun. Send a check for \$30.00 to Rebecca Brown at Taft Elementary School. Elizabeth Watanabe will contact you with the link to log your activity on a Google Doc and prizes will be awarded over the school year.

Contact Elizabeth Watanabe with all your questions!



Get in on the fun by tracking your steps, miles, or activity.

“My best friend is the one who brings out the best in me.”
- Henry Ford

Stay in Touch with your BFAW's

Our busy lives don't leave a lot of time to stay in touch. Use RASM Social Media to keep up with what is going on.

Look for RASM on Facebook at RASMRiverside Education.

Find RASM on twitter at RiversideRASM.

Send us an email at RiversideRASM@gmail.com

Feel free to send us information about a good book, article, professional development, or activity you know about.



Right Sleeve

Managers on the Move



Polo Fundraiser

Go to <http://bit.ly/RASMshirt> and put in your order for your RASM polo. All proceeds support RASM and the scholarships provided to students at the end of the year.

Shirts are available in men's or women's cut. Choose your style and size, send your cash or check to Rebecca Brown and your shirt will be delivered to you!