

\$299 Registration for this opportunity to learn from and network with like-minded equity leaders!



**FLASH**

association of california  
school administrators

**region 6**

January 25, 2023

ACSA Regions 5, 6, & 8 Proudly Present the Bay  
Area Equity Symposium  
*Keeping Students at the Center*

February 17-18, 2023

**Calling all equity leaders:  
Are you walking your talk?**



**BAY AREA  
EQUITY SYMPOSIUM**

**KEEPING STUDENTS AT THE CENTER**

**FEBRUARY  
17 - 18, 2023**



**FRIDAY  
KEYNOTE  
DR. G T REYES**



**SATURDAY  
KEYNOTE  
TYSON AMIR**



**SATURDAY  
KEYNOTE  
TOVI  
SCRUGGS-  
HUSSEIN**

**HOSTED BY  
ACSA REGIONS  
5, 6, & 8**

**REGISTER NOW**

**EARLY BIRD RATE EXTENDED TO JANUARY 30!**

We know that there is impactful equity work happening right here in the Bay and this symposium will support us in learning from one another. We look forward to a powerful day full of self-reflection and learning as we increase our Equity consciousness and Anti-Racist

practices together!

This year, Region 6 is collaborating with Region 5 (San Francisco and San Mateo Counties) and Region 8 (Santa Clara County) to present the Bay Area Equity Symposium: *Keeping Students at the Center*.

Friday, February 17, 2023, 5:30 pm - 8:00 pm  
Saturday, February 18, 2023, 8:00 am - 5:00 pm

The Ameswell Hotel  
800 Moffett Blvd  
Mountain View, CA 94043

**Registration Fee REDUCED**  
\$299 Registration through January 30!

More information including keynote speakers and schedule can be found at <https://bit.ly/2023EquitySymposium>

Register at <https://R568BayAreaEquity.eventbrite.com>

If you are interested in staying at the Ameswell Hotel for Friday or Saturday, we have secured a group rate of \$169 per night. (available through Jan. 30)

Here's the special reservation link:

[Association of CA School Administrators Room Block](#)



## The Teaching Well Part 2

Wellness, Somatic/Mindfulness Practices, Racial Trauma in the Context of Healing

RESCHEDULED TO February 21

ACSA REGION 6 PRESENTS

Professional Learning: *The Teaching Well*:

Wellness, Somatic/Mindfulness Practices, Racial Trauma in the Context of Healing, part II

**Tuesday, February 21, 2023 from 4:00 pm - 5:30 pm**

Virtual - Zoom Link will be shared by February 19th

<https://Region6Wellness.eventbrite.com>

**The 3Ps: Intersectional Identities and the Impact of Stress**

Building on the Human Function Curve framework introduced in the previous Teaching Well PD, participants explore the ways in which stress compounds and stores in the nervous system, especially for caregivers. The 3 Ps training facilitates reflection exploring the intersection of our personal, professional, and provider responsibilities and culminates in a scaffolded stress management work burst.

Testimonial from Part I: "I've successfully used some of the techniques with staff and students!" Janet Gates  
"I appreciated the opportunity to relax and reflect on a busy day at my school site!" Jacob Berg

"Balance your nervous system with multiple somatic/mindful practices woven throughout an engaging session mapping our stress cycles against the Human Function Curve. Learn to read your unique "body cues", "behavior cues", and "communication cues" such that you can engage in connected communication with colleagues and mindfully shift yourself/your nervous system back into homeostasis in the work

environment. Additionally, you'll consider the ways in which implicit bias is perpetuated at higher rates by individuals who are stressed and burned out. At the Teaching Well, we believe that to be truly anti-racist, one must also center wellness."

Tuesday, ~~January 24, 2023~~ **February 21, 2023**

**4:00 - 5:30 pm**

Cottonwood Creek School  
2400 Central Parkway  
Dublin, CA 94568

**FREE TO ACSA MEMBERS**

Light snacks will be served

Register on Eventbrite: <https://Region6Wellness.eventbrite.com>

Testimonial from Part I:

- "I've successfully used some of the techniques with staff and students!" Janet Gates
- "I appreciated the opportunity to relax and reflect on a busy day at my school site!" Jacob Berg

**THIS EVENT IS OPEN TO EVERYONE. PART 1 ATTENDANCE IS NOT REQUIRED.**



#### [Contact Us](#)

We welcome your feedback and suggestions.

[ACSA website](#)

[Region 6 website](#)

#### **Region 6 Staff**

[Rose Lock](#), Executive Director

[Steve Collins](#), Consultant

#### **Region 6 Leadership**

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Treasurer: Annette Heldman

Equity Chair: Tracie Noriega

Communication Chair: Marcus Walton

ACSA Board Director: Sonja Neely-Johnson

At-Large Representatives: Christina Filios,

Nanette Gray, Evan Powell, Harvey Yurkovich

*The Association of California School Administrators is the driving force for an equitable, world-class education system, and the development and support of inspired educational leaders who meet the diverse needs of all California students.*

ACSA Region 6 | 77 Santa Barbara Road, Pleasant Hill, CA 94523

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