

WE ARE BACK! A great in-person workshop on supporting wellness is coming your way on October 17. Hurry and register on Eventbrite!



**FLASH**

association of california  
school administrators

**region 6**

October 4, 2022

## Region 6 Presents 2022-23 Professional Learning Program

*Region 6 Presents a two-part workshop (in-person)*

### **The Teaching Well: Wellness, Somatic/Mindfulness Practices, Racial Trauma in the Context of Healing.**

"Balance your nervous system with multiple somatic/mindful practices woven throughout an engaging session mapping our stress cycles against the Human Function Curve. Learn to read your unique body cues, behavior cues, and communication cues such that you can engage in connected communication with colleagues and mindfully shift yourself/your nervous system back into homeostasis in the work environment. Additionally, you will consider the ways in which implicit bias is perpetuated at higher rates by individuals who are stressed and burned out..." At The Teaching Well, they believe that to be truly anti-racist, one must also center wellness.

**Monday, October 17, 2022**

**4:30 - 6:30 pm**

**Dublin Unified School District Board Room**

**7471 Larkdale Avenue**

**Dublin, CA 94568**

ACSA Members FREE, Non-Members \$5

Light snacks will be served

[Registration on Eventbrite](#)

[Download flyer here](#)

\* Part II is scheduled for January 24, 2023. Separate registration will be announced.

Based in Oakland, The Teaching Well is a non-profit wellness collective of educators, school/district leaders, and healers. They support schools, and other professional ecosystems, through transformational evolutions by fostering adult wellness at the personal, interpersonal, and systemic levels. Link to TTW website <https://www.theteachingwell.org/>



## Region 6 Offers Scholarships for ACSA Academies



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Are you attending an ACSA academy on your own funds? Do you want \$500 to help defray your expenses? Region 6 is here to support your professional growth. It's not too late to apply for a Region 6 PD Scholarship for 2022-23. **Deadline: November 1, 2022.**

[Click here](#) for information and application on Region 6 website.

While you are on our [website](#), check out other financial resources for our members: Student Scholarships for children of members who are graduating high school seniors and mini-grants for members needing additional funding for an innovative project. Deadline for these two programs is February 17, 2023.



## Professional Learning for R6 Members

- ACSA Leadership Summit, November 3-5, San Diego. Check [ACSA website](#).
- R6 Women's Leadership Network hosting a workshop on preparing for your next role, resume writing. December date TBA
- The Teaching Well Workshop Part II, January 24, 2023
- Bay Area (R5, R6, R8) Equity Symposium: Keeping Students at the Center, February 17-18, 2023, The Ameswell Hotel, Mountain View, CA



## COMING NEXT WEEK! Week of School Administrators October 9 - 15, 2022

*How is your district or school community recognizing school administrators this year? Share them especially photos on Twitter and tag @ACSARegion6 and @acsa\_info!*

The CDE encourages you to recognize October 9–15, 2022 as Week of the School Administrator (California *Education Code* Section 44015.1). 44015.1. In observance of the importance of educational leadership at the school, school district, and county levels, the second full week in the month of October of each year shall be designated as Week of the School Administrator. Schools, school districts, and county superintendents of schools are encouraged to observe the week with public recognition of the contribution that school administrators make to successful pupil achievement.

Available on the [ACSA website](#) is a sample resolution.



### [Contact Us](#)

We welcome your feedback and suggestions.

[ACSA website](#)

[Region 6 website](#)

### **Region 6 Staff**

[Rose Lock](#), Executive Director

[Steve Collins](#), Consultant

### **Region 6 Leadership**

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Nanette Gray, Evan Powell, Harvey Yurkovich

*The Association of California School Administrators is the driving force for an equitable, world-class education system, and the development and support of inspired educational leaders who meet the diverse needs of all California students.*

ACSA Region 6 | 77 Santa Barbara Road, Pleasant Hill, CA 94523

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