



WORKWELL AT SCHOOL:

Worksite Wellness for Healthy, Happy Employees

Thursday, Oct. 29, 4-5 p.m.

A healthy school workplace helps retain teachers and staff, reduces stress, boosts job satisfaction and supports employees to perform at their best. It also provides staff the opportunity to serve as healthy role models for students. Join Beach Cities Health District and Redondo Beach Unified School District to learn tips and tools to promote employee well-being, and how you can implement worksite wellness in your school district during COVID-19.

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